

Welcome to the Port Moody Maternity clinic!

Providing maternity care in the time of this pandemic has been challenging and different. We prepared this handout for patients so they are aware of what to expect

1. If you are not well, or have a family member who is not well, please cancel, rebook or change your visit to a virtual visit. Symptoms include: diarrhea, vomiting, fever, runny nose, sore throat, new fatigue and body pains, cough
2. We ask that all patients wear a mask into the office every visit, as well as wash hands or sanitize before and after your visit
3. At this time, we ask that partners/family members do not attend the appointment with you. We know this is disappointing, but it is very difficult for the staff and physicians to distance and be safe when there are additional people in the exam rooms. Exceptions will occasionally be made to this, please speak to staff if you have an issue.
4. We may offer you virtual visits during your pregnancy. Regular movement by your baby is one of the greatest markers of the health of the pregnancy. After your baby has started to move and you can feel the movement, it may be appropriate to do virtual visits at times. You are not obligated to do virtual visits but we encourage you to consider it.
5. Regarding your delivery at RCH: your partner or labour support person will be asked screening questions upon entry to the hospital. Your partner or labour support person will be required to wear a mask, as will the nurses and physicians caring for you. The patient in labour is NOT required to wear a mask. Currently RCH has limited each person in labour to having one support person only and visitors are not permitted.